



KOWALSKI'S THANKSGIVING ROASTED TURKEY BREAST



REHEATING INSTRUCTIONS/INGREDIENTS

ROASTED TURKEY BREAST

Remove turkey breast from packaging; transfer to an oven-safe dish. Add ½-1 cup broth or water to the dish; cover turkey with foil. Roast in a preheated **350°** oven until heated through (**approx. 15 min. per pound**).

NOTE: To ensure a gluten-free turkey, use a gluten-free broth or water to prepare.

Cooking times are approximate. You may need to increase cooking time for a full oven or to account for differences in kitchen equipment.

ROASTED TURKEY BREAST

Turkey Breast (Turkey Breast Roast containing up to 18% of a solution of Turkey Broth, Sugar, Salt, Sodium Phosphate, Flavoring), Kowalski's Signature Classic Garlic & Herb Rub (Salt, Pepper, Onion, Sugar, Garlic, Rosemary, Coriander, Basil, Paprika, Cayenne Pepper, Canola Oil, Turmeric), Sage, Marjoram, Thyme.

NOTE: To ensure a gluten-free turkey, use a gluten-free broth or water to prepare.

Nutrition Facts

Serving size 4 oz. (112g)

Amount per serving
Calories 130

% Daily Value*

Total Fat 3.5g 4%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 70mg 23%

Sodium 190mg 8%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 6g

Includes 6g Added Sugars 6%

Protein 24g

Vitamin D 0mcg 0%

Calcium 26mg 2%

Iron 0mg 0%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.