



KOWALSKI'S THANKSGIVING

OVEN-READY BRINED TURKEY BREAST

Serves 6-8



HEATING INSTRUCTIONS

LOCALLY RAISED RAW OVEN-READY APPLE CIDER BRINED BONELESS TURKEY BREAST

Remove raw turkey breast from vacuum package (do not remove netting); pat turkey dry with a paper towel. Place turkey breast in foil roasting pan; transfer pan to the center rack of a preheated **350°** oven. Roast turkey breast until the thickest part reaches an internal temperature of 160° (**about 2 hrs.**). Remove from oven; loosely cover with foil and let rest for **at least 15 min.** (30 min. is ideal). Gently pull netting away from turkey breast to loosen; cut lengthwise with kitchen shears to remove.

Cooking times are approximate. You may need to increase cooking time for a full oven or to account for differences in kitchen equipment.

BRINED SKIN-ON RAW TURKEY BREAST

Skin-On Boneless Turkey Breast, Brine (Apple Cider, Salt, Thyme, Rosemary, Sage, Black Peppercorns).

Minimally processed and made with no artificial ingredients. Naturally raised by Ferndale Market in Cannon Falls, Minnesota, with no growth stimulants or antibiotics – ever! Fed a diet of vegetarian grains with no animal byproducts.

Nutrition Facts	
Servings per container varies	
Serving size	8 oz. (227g)
Amount per serving	
Calories	380
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 150mg	50%
Sodium 140mg	6%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 48g	
Vitamin D 0.4mcg	2%
Calcium 0mg	0%
Iron 2.1mg	10%
Potassium 20mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	